



FAMILY FACTSHEET

January 2023



NATIONAL QUALITY FRAMEWORK TOPICS

The Early Years Learning Framework

Educators at our service use the Early Years Learning Framework as a guide to develop play-based learning programs which are responsive to children's ideas, interests, strengths and abilities.

"The Framework describes childhood as a time of belonging, being and becoming."

- **Belonging** is the basis for living a fulfilling life. Children feel they belong because of the relationships they have with their family, community, culture and place.
- **Being** is about living here and now. Childhood is a special time in life and children need time to just 'be'—time to play, try new things and have fun.
- **Becoming** is about the learning and development that young children experience. Children start to form their sense of identity from an early age, which shapes the type of adult they will become.

At the core of our learning programs is PLAY. Through play babies and children explore and learn to understand the world around them as they come to communicate, discover, imagine and create."

("Belonging, Being & Becoming, The Early Years Learning Framework for Australia - Information for Families" Department Education and Training)

WEBSITE OF THE MONTH



www.raisingchildren.net.au

Raisingchildren.net.au provides ad-free parenting videos, articles and apps back by Australian experts.

Designed for busy families and full of tips and tricks for you to try, the content is early to find and easy to digest.

Articles, videos and interactive resources are tailored to different ages and stages, taking you from nurturing a newborn to raising a confident, resilient teen - and helping you to look after yourself as a parent too!

Visit Starting Blocks
for more information
on the National Quality
Framework



LEARNING AND DEVELOPMENT

Settling into Care

Whether your child is starting care for the first time, starting at a new service or moving to another room within your current service, they may feel overwhelmed with emotions as they connect with new educators and new surroundings. It is our combined role as adults to support each child to feel safe and secure during this time. There are lots of things parents can do to help support this time of change:

- have conversations with your child at home about all the exciting things that they will experience and answer their questions and concerns with honesty and understanding
- ensure their mornings prior to commencing care are relaxed and stress-free
- engage in conversations with your child's teachers, showing you trust them helps your child to feel more relaxed.

For more tips click the below parenting articles:

- [Raising Children Parenting Site](#)
- [Starting Blocks](#)
- [Tresillian \(0-18mths settling baby\)](#)

Refusal and Acceptance of Authorisations

As we commence a new year it is important to remind families and authorised contacts of the importance of fully completing and signing all documents relating to your child's care and attendance at our service.

Under the Education and Care Services National Regulations, authorisations must be obtained for a number of activities including administering medication, leaving the premises on excursion or being collected by someone other than a known parent.

If an authorisation is not fully completed, provided in writing, and signed and dated by an authorised person, then the authorisation may not be valid and as such cannot be followed.

Please refer to our Acceptance and Refusal of Authorisation Policy and Procedure for more information.

POLICIES AND PROCEDURES



SAFETY TIPS

Unfortunately we start the new year with the knowledge that too many lives were lost over the festive season through drowning. Water safety isn't just about keeping kids safe in the pool or at the beach, there are dangers in the bathroom, garden ponds, drainage ditches and other areas where minor flooding or runoff builds up in your neighbourhood.

"Kids Alive do the Five" is a fantastic campaign championed by Laurie Lawrence. It includes a mobile APP, pool safety checklists, a kids channel, parent's library and some fun "Couch Concerts" to learn about water safety in the comfort of your home.

<https://kidsalive.com.au/>



Water Safety

1. FENCE THE POOL
2. SHUT THE GATE
3. LEARN TO SWIM
4. SUPERVISE
5. LEARN RESUSCITATION

For More Important Tips and Reminders Click Below:

- [Water Safety at Home - Royal Life Saving Australia](#)
- [Water Safety for Children - Raising Children](#)
- [Safety In and Around Water - Royal Children's Hospital Melbourne](#)